

Ist - Illrd Forms - Spring Term 2024 Activity Descriptions
Lower School Afternoon Enrichment Program (AEP)

Please note:

- An activity may be canceled or closed if group sizes become too large or too small. The School will reach out to discuss options if this occurs.
- Activities run from 3:15 to 4:15 p.m. each day.
- Pick up for students not going to activities is at 3:00 p.m. Pick up for students taking part in activities is from 4:15-4:45 p.m.
- Activities typically go out regardless of the weather, so please be sure students come appropriately dressed for their activity and the day's weather so please be mindful of the appropriate footwear.

Activities

- **Pickleball:** Get ready to serve, volley, and score in our new pickleball activity! This fast-paced game combines elements of tennis, badminton, and ping-pong, making it easy to learn and fun to play. We'll master the basics, develop quick reflexes, and enjoy friendly competition.
- **Ukulele Club:** Whether you're a beginner or an experienced player, join Joe Burcaw and learn new chords, master melodies, and enjoy the company of fellow ukulele enthusiasts.
- **Dance Club with Megan Boyd of MB Dance Theater:** Get moving and express yourself in this fun, energizing, and creative movement class where you can explore and make your own dances. You'll learn new movements and skills to develop your unique style, having fun with other children in collaborative and team experiences.
- **Flag Football:** Jump into the thrill of flag football and catch, run, and dodge to touchdowns, mastering teamwork and strategy as we go. Tackle-free games are played during each activity! Players need to wear athletic shoes.
- **Athletic Conditioning:** Elevate your fitness with our new Athletic Conditioning Club, where every session offers a new opportunity to challenge yourself and enhance your physical abilities. From yoga to trail jogging to push-ups, join this group to boost your strength, stamina, and spirit.
- **Backyard Games:** Run, laugh, and play with your friends while playing fun outdoor activities. From tag to treasure hunts, each game sparks joy and teamwork. Capture the Flag will not be played.
- **Wilderness Wanderers:** Balance on logs, stack and skip stones, catch frogs, study bugs, create crowns of wildflowers, build shelters and boats, and jump in mud puddles. Students will get wet and muddy, so they must come dressed for the fun - boots are a must!

- **Young Chef's Club:** Spend your Thursday afternoons stirring and sifting, sautéing and simmering in this yummy activity. In Young Chef's, we will explore the basics of cooking scrumptious food that is good for the mind, body, and soul.
- **Paint by Sticker:** Create art one sticker at a time! Watch your masterpiece come to life as you match the sticker to the spot on the page during this low-mess, low-stress afternoon of creativity.
- **Sportsmania:** Join Sportsmania, where every week brings a new sport to explore.
- **Jewelry Making:** Design and create your own unique pieces, from bracelets to necklaces. With beads, strings, and a dash of creativity, you'll bring their visions to life.
- **Animal Adventurers:** Discover the animal kingdom through weekly themes that explore creatures big and small, their habitats, and conservation, with interactive show-and-tell sessions that encourage you to share, create, and learn.
- **Capture the Flag:** Dive into the thrill of Capture the Flag, a beloved Lower School tradition where teamwork and strategy come to life!
- **Fun with Watercolors:** Splash, blend, and brush your way to creating beautiful paintings. Discover how colors mix and flow, bringing your imagination to life on paper. It's the perfect place to express your creativity and have fun with art!
- **Gardening Club:** Learn how to plant, discover the role of pollinators, and delve into nature's cycles through hands-on activities.
- **Wood Shop:** Join Mr. Lord and Mr. Travers in our woodshop and help build various items such as chairs, bird feeders, and more!
- **Nature Drawing:** Zero in on a different aspect of our beautiful natural surroundings, honing your drawing skills as we go. Grab your pencils, and let's bring the beauty of nature to life on paper, one masterpiece at a time!
- **Scrapbooking:** Preserve your favorite memories for a lifetime. Choose cherished pictures, mementos, and keepsakes and incorporate them into a special book you will decorate in countless imaginative ways.
- **½ hour Private Violin Lessons with Krystyana Czeiner**—an accomplished artist with a distinguished background as a Grammy recipient and a product of the Juilliard School. Krystyana's pedagogical approach is firmly rooted in the belief that music can foster communal bonds. Her teaching style is a testament to her deep passion for music, providing personalized instruction that nurtures a love for the art and instills essential discipline. Please note that students must rent or purchase an instrument for this activity. Lessons are \$40 per session, billed to your child's account.

- **½ Hour Private Piano Lessons with Oksana Protenic:** Oksana has devoted her professional life to music, and when working with her students, she instills a love of music as well as the dedication and discipline that the art involves. Oksana recognizes that all students have different learning styles and tailors her teaching to their needs. Lessons are \$40 per session, billed to your child's account.
- **½ Hour Private Guitar, Bass, or Ukulele Lessons with Joe Burcaw:** Joe Burcaw, owner of Bearclaw's Academy of Music, is a music educator, bass player, performer, writer, bandleader, and music enthusiast. Joe enjoys bringing people of all walks of life together for one objective, learning the language of music as a healing component to nurture the soul. Students must rent or purchase an instrument for this activity. Lessons are \$40 per session, billed to your child's account.
- **Fridays in the Neighborhood:** Unstructured time to enjoy the company of friends of all ages at the end of a busy week.

Pre-Primes & Primes - Spring Term 2024 Activity Descriptions
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Kindergarten - Spring Term 2024 Activity Descriptions

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- Activities typically go out regardless of the weather, so please be sure students come appropriately dressed for their activity and the day's weather; boots are often a necessity.
- Some activities rotate bi-weekly to ensure that the group size remains manageable. The school will email you the dates of your activities once all student sign-ups have been completed.

Activities:

- **Nature Art:** Explore the outdoors and create masterpieces. It's all about fun, imagination, and seeing the beauty in the world around us. Watch your creativity blossom with every creation!
- **Music and Movement:** Dance, sing, play, and explore rhythm and sound in exciting ways. It's a playful journey that boosts creativity and confidence.
- **Wilderness Wanderers:** Balance on logs, stack and skip stones, catch frogs, study bugs, create crowns of wildflowers, build shelters and boats, and jump in mud puddles. Students will get wet and muddy, so they must come dressed for the fun - boots are a must!
- **Backyard Games:** Run, laugh, and play with your friends while playing fun outdoor activities. From tag to treasure hunts, each game sparks joy and teamwork.
- **Dance Club Jr. with Megan Boyd of MB Dance Theater:** Crawl - Leap - Stretch - Freeze! This creative movement class is chock-full of fun dance experiences designed to move your body and develop dance skills. Activities will promote physical exercise, creative problem-solving, and tons of enjoyment.
- **Yoga with Barbie from Inner Child Yoga:** Join Barbie for a fun-filled afternoon of creative movement, poses, games, breathing, and relaxation.
- **½ hour Private Violin Lessons with Krystyana Czeiner**—an accomplished artist with a distinguished background as a Grammy recipient and a product of the Juilliard School. Krystyana's pedagogical approach is firmly rooted in the belief that music can foster communal bonds. Her teaching style is a testament to her deep passion for music, providing personalized instruction that nurtures a love for the art and instills essential discipline. *Please note that students must rent or purchase an instrument for this activity.* Lessons are \$40 per session, billed to your child's account.

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Pre-Kindergarten - Spring Term 2024 Activity Descriptions

Lower School Afternoon Enrichment Program (AEP)

Please Note:

- As this program is not part of the Pre-K tuition, students have a \$500 fee to participate. Attendance is fluid, and students enrolled in this program can stay as often or as little as they like. Please add these funds to your child's spending account using MyKidsSpending.com at sign-up time.
- Activities run from 3:15 to 4:15 p.m. each day.
- Pick up for students not going to activities is at 3:00 p.m. Pick up for students taking part in activities is from 4:15-4:45 p.m.
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